

Activity Sheet Seashore Wind chimes



To invite positive energy into your home, why not have a go at making a sea shore wind chime and hang near a window or back door so you are reminded of the gentle sounds of the sea.

Wind chimes help to attract positive energy and suppress ill luck. The gentle tinkling sound that emanates from it helps this energy to linger on and meander gently in your space thereby attracting prosperity. Wind chimes' tones and vibrations are powerful as they can help calm our minds, soothe our nerves as well as discharge our built up stress, contributing to the overall improvement of our wellbeing.

You will need:

Fishing line, scissors, beads, buttons, shells, something sharp to put holes in the shells, (I used a hammer and a nail), you can use a power drill if you know what you are doing. A ring made out of a piece of wire or willow. Or alternatively why not try a stick or piece of drift wood. Get more shell than you think you will need, because you will probably break a few.



Instructions

1. You can pick up a pack of shells from a DIY craft shop or order online. I would suggest if they are shells you have collected from the beach that you wash with warm soapy water and let dry before you assemble.
2. The next step is to make holes in the shells. Place the nail at a slight angle on the shell, and with the hammer tap gently to make a hole. Make hole in your other shells. I used about 50 shells.





3. The next step is to thread on the shells, together with beads and buttons. Tie a bead onto the fishing line, and thread on a shell. Tie on another bead (place beads 2 or 3 inches apart, or depending on how big your shells are.) add shells and so on, until you get the desired length. Use knots to create spaces between the shells and beads. Make 5 strings of shells, one a little longer than the rest.

Tip: For larger bead holes, use a double knot to hold the bead in place.

4. Take your ring or piece of wood and tie your strings of shells on.
5. Finally using your fishing line (or use wire) and tie to the top of the ring for something to hang from. If you like you can put on a hook to hang it from.

We do hope you have fun and it brings you memories of the sea. Mix and match your shells, beads and spare buttons, recycle and use. Take care and stay safe from all of us at CARM x xx



Do send us your photographs so we can share your creations with all our CARM friends! Our email is: rem@carmromneymarsh.org.uk